

HEALTH CHECK-UP (STANDARD)



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For people over 18 years old, help with basic health checks and assessments with routine tests.

CATEGORY	SERVICE	MEANING OF EACH SERVICE IN THE PACKAGE	FOR
General Internal examination	HC_General medicine consultation	Offering assessment of risk factors, clinical examination	Male/ Female
	HC_Vital signs measurement	Assessing height, weight, blood pressure.	
Ophthalmological examination	HC_Ophthalmology consultation	Checking and detecting eye abnormalities such as refractive errors, glaucoma, macular degeneration, retinal hemorrhage due to hypertension or diabetes	Male/ Female
Dental examination	HC_Dental consultation	Checking and detecting oral and dental abnormalities	Male/ Female
E.N.T examination	E.N.T Technical consultation	Checking and detecting any abnormalities in the ear, nose and throat. Detecting cervical lymph nodes, submandibular lymph nodes, parotid lymph nodes.	Male/ Female
Abdominal ultrasound	ABDOMEN	Checking to detect abnormal shape of abdominal organs, detecting abdominal diseases such as liver, gall bladder, pancreas, spleen and kidney diseases.	Male/ Female
Chest X-ray	Chest X-ray	Initial imaging exploration valuable in assessing lung disease, structures of the heart, blood vessels and other organs inside the chest.	Male/ Female
Thyroid ultrasound	Thyroid ultrasound	Evaluating image of thyroid anatomy: size, density, thyroid nodules, thyroid cysts.	Male/ Female
Electrocardiogram (ECG)	ECG	Exploring electrical activity of the heart: Arrhythmia or cardiac conduction disease, images suggestive of left ventricular hypertrophy, myocardial ischemia.	Male/ Female
Hematology	Full Blood Count	Assessing anemia status, inflammatory response of the body, the status of platelets and white blood cells.	Male/ Female
Kidney function tests	Creatinine (Blood)	Assessing glomerular filtration function, which helps to measure degrees of renal failure. Early diagnosing renal dysfunction at mild ~ moderate levels.	Male/ Female
	Urea (Blood)		
Blood glucose tests	Glucose	Assessing the status of sugar metabolism, diagnosing diabetes, disorders of blood sugar tolerance.	Male/ Female
	Hb A1c/ Hemoglobin A1c		
Gout tests	Axiti uric	Assessing blood uric acid level, related to gout.	Male/ Female
Blood lipid tests	Cholesterol	Assessing the status of blood lipid metabolism, alone or in combination with other blood lipid parameters.	Male/ Female
	Triglyceride		
	HDL.C/ High Density Lipoprotein Cholesterol		
	LDL.C/ Low Density Lipoprotein Cholesterol		
Liver function tests	ALT (GPT)	Assessing the degree of damage of hepatocellular membrane, intrahepatic bile duct epithelium.	Male/ Female
	AST (GOT)		
	GGT / Gamma Glutamyl Transferase		
Viral Hepatitis tests	HBsAg (Unicel Dxl 800)	Checking hepatitis B virus infection	Male/ Female
	Anti-HBs (Unicel Dxl 800)		
Urine test	Urine analysis	Providing preliminary assessment served for diagnosis of diseases such as urinary tract infection, suggestion of glomerular damage.	Male/ Female
Stool test	Fecal Occult Blood	Assisting diagnosis of gastrointestinal bleeding. Proved to be effective in examining colonic cancer, colonic polyps etc.	Male/ Female

ADD ON SERVICES FOR GENERAL HEALTH CHECK-UP STANDARD FEMALE < 40 YEARS OLD PACKAGE

CATEGORY	SERVICE	MEANING OF EACH SERVICE IN THE PACKAGE	FOR
Breast & gynecological examination	Gynecology & Breast consultation	Assessing risk factors, examining breasts - pelvic area, consulting and giving diagnosis.	Female < 40 years old
Breast ultrasound	BREAST	Detecting benignities and malignancies of mammary glands via ultrasound	Female < 40 years old
Gynecological ultrasound	Conventional gynecological ultrasound	Providing gynecological check-up, detecting abnormalities with uterus, and abnormal masses in adnexas and pelvic region.	Female < 40 years old
Cytological test	Thinprep	Detecting abnormal cell changes and categorizing these changes.	Female < 40 years old
Tumor marker tests	CA125 / Cancer Antigen 125	Marker for ovarian cancer.	Female < 40 years old

ADD ON SERVICES FOR GENERAL HEALTH CHECK-UP STANDARD FEMALE >= 40 YEARS OLD PACKAGE
(Including package for female < 40 years old)

CATEGORY	SERVICE	MEANING OF EACH SERVICE IN THE PACKAGE	FOR
Mammography	Mammography (4films)	Detecting benignities and malignancies of mammary glands.	Female >= 40 years old

