



HEALTH CHECK-UP (ADVANCED/PREMIUM)

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Examination package with comprehensive health check-up services for customers over 40 years old: from clinical examination to detect risk factors for disease, then adjust and change to prevent disease risks.

CATEGORY	SERVICE	MEANING OF EACH SERVICE IN THE PACKAGE	FOR
General Internal examination	HC_General medicine consultation	Assessment of risk factors and lifestyle, clinical examination and conclusion of examination package	Male/ Female
	HC_Vital signs measurement	Assessing height, weight, blood pressure	Male/ Female
Ophthalmological examination	HC_Ophthalmology consultation Tonometry (1 visit)	Checking and detecting eye abnormalities such as refractive errors, glaucoma, macular degeneration, retinal hemorrhage due to hypertension or diabetes.	Male/ Female
Dental examination	HC_Dental consultation Panoramic film (radiology)	Checking and detecting oral and dental abnormalities.	Male/ Female
E.N.T examination	E.N.T Technical consultation	Checking and detecting any abnormalities in the ear, nose and throat. Detecting cervical lymph nodes, submandibular lymph nodes, parotid lymph nodes	Male/ Female
Micronutrient electrolyte tests	Total Calcium	Assessment of parathyroid functions and blood calcium metabolism.	Male/ Female
	Ionized Calcium		
	Vitamin D	Revelation of vitamin D status in the body	
	Blood Zn (quantitative)	Quantification of zinc in the body.	
	Electrolyte: Na+ ;K+ ; Cl-	Quantification of electrolytes (Sodium, Potassium, Chlorine) in the body	
Liver function tests	AST (GOT)	Assessing the degree of damage of hepatocellular membrane, hepatocellular damage. Intrahepatic bile duct epithelium	Male/ Female
	ALT (GPT)		
	GGT		
	Total Billirubin	Used to assess liver disorders such as hepatitis, cirrhosis or biliary tract disorders such as gallstones, jaundice due to hemolysis.	
	Direct Billirubin		
	Indirect Billirubin		
ALP / Alkaline Phosphatase	Checking for diseases of the liver, biliary tract, bone development		
Cardiovascular examination	Echocardiography	An investigation to check heart function and structure	Male/ Female
	NT Pro-BNP	Assessment of conditions related to heart failure	
	ECG	Exploring electrical activity of the heart, thereby providing information on: - Arrhythmia or cardiac conduction disease - Images suggestive of left ventricular hypertrophy - Image suggestive of myocardial ischemia	
Blood lipid tests	Cholesterol	Assessing the status of blood lipid metabolism, alone or in combination with other blood lipid parameters.	Male/ Female
	Triglyceride		
	HDL-C		
	LDL-C		
Kidney function tests	Creatinine (Blood)	Assessing glomerular filtration function, which helps to measure degrees of renal failure. Early diagnosing renal dysfunction at mild ~ moderate levels.	Male/ Female
	Urea (Blood)		
	eGRF (estimated Glomerular filtration rate)		

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Gout tests	Axit uric	Assessing blood uric acid level, related to gout.	Male/ Female
Blood glucose tests	Glucose Hb A1C / Hemoglobin A1c	Assessing the status of sugar metabolism, diagnosing diabetes, disorders of blood sugar tolerance.	Male/ Female
Hematology	Full Blood Count	Assessing anemia status, inflammatory response of the body, the status of platelets and white blood cells	Male/ Female
Other biochemistry tests	Total Protein Albumin	Assessment of nutritional status related to protein metabolism (Total protein, Albumin): Malnutrition, liver dysfunction, heart failure, pregnancy, malignant tumor, nephrotic syndrome, dehydration, connective tissue disease...	Male/ Female
	Fe / Iron Ferritin	Assessment of iron status and storage in the body	Male/ Female
	CK / Creatine Kinase	Assessment of conditions related to muscles, skeletal muscle, cardiac muscle, brain, etc.	Male/ Female
	LDH / Lactate Dehydrogenase	The test is considering in combination with other test indicators related to tissues throughout the body such as those of liver, heart, kidney, lungs, brain, muscles, red blood cell, etc.	Male/ Female
	Amylase	Assessment of diseases of the pancreas and parotid glands (pancreatitis - pancreatic cancer ...)	Male/ Female
Blood group	ABO & Rh (D) blood group type test	Blood typing	Male/ Female
Viral Hepatitis tests	HBsAg (Unicel Dxl 800)	Checking hepatitis B virus infection	Male/ Female
	Anti-HBs (Unicel Dxl 800)	Checking antibodies to hepatitis B virus surface antigen	
	Anti-HBc IgG (Unicel Dxl 800)	Test for hepatitis B virus infection	
	Anti-HCV	Test for hepatitis C virus infection	
	Anti-HAV IgG	Test for antibodies against hepatitis A virus	
	Anti-HAV IgM	Test for acute hepatitis A virus infection	
Tumor marker tests	FT4 / Free Thyroxine	Test for thyroid functions	Male/ Female
	TSH / Thyroid - Stimulating Hormon	Increase significantly in hyperthyroidism, low in hypothyroidism.	
	Định lượng FT3	Assessing thyroid function	
	Siêu âm tuyến giáp	Đánh giá hình ảnh giải phẫu tuyến giáp	
Urine test	Urine analysis	Providing preliminary assessment served for diagnosis of diseases such as urinary tract infection, suggestion of glomerular damage.	Male/ Female
	Microscopic examination of urine sediment	Assessing status of hematuria, nephritis, cholecystitis, etc.	
Stool test	Fecal occult blood quantification	Assisting diagnosis of gastrointestinal bleeding. Proved to be effective in examining colonic cancer, colonic polyps etc.	Male/ Female
Ultrasound	ABDOMEN	Checking to detect abnormal shape of abdominal organs, detecting abdominal diseases such as liver, gall bladder, pancreas, spleen and kidney diseases	Male/ Female

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Osteoporosis tests	OSTEODENSITOMETRY (Ultrasound)	Assisting diagnosis of osteoporosis and osteopenia due to aging and menopause	Male/ Female
Chest CT-scan	THORAX ROUTINE	n/a	Male/ Female
	Chest - Xray (Face protection)	Initial imaging exploration valuable in assessing lung diseases, structures of the heart, blood vessels and other organs inside the chest.	
	Low-dose CT scan for lung cancer screening	Helping early detection of lung cancer.	
Obesity tests	Body Fat Assessment by CT	Assessing visceral fat area and metabolic syndrome	Male/ Female
Tumor marker tests	AFP/ Alpha - FetoProtein	Markers determining the risk of liver cancer	Male/ Female
	AFP-L3, quantitative		
	Proteins induced by Vitamin K Antagonism or absence	Marker of prostate cancer	Male
	PSA.T /Total Prostate Specific Antigen		
	PSA.F / Free Prostate Specific Antigen		
CA125 / Cancer Antigen 125	Marker for ovarian cancer	Female	
Breast ultrasound	BREAST	Detecting benignities and malignancies of mammary glands via ultrasound.	Female
Gynecological ultrasound	Conventional gynecological ultrasound	Providing gynecological check-up, detecting abnormalities with uterus, and abnormal masses in adnexas and pelvic region	Female
Mammography	Mammography (4films)	Detecting benignities and malignancies of mammary glands.	Female
Cytological test	Thinprep	Detecting abnormal cell changes and categorizing these changes	Female
Breast and gynecological examination	Khám phụ khoa, khám vú	Khám, đánh giá nguy cơ, tư vấn và kết luận về bệnh lý vú và phụ khoa	Female

#### ADD ON SERVICES FOR GENERAL HEALTH CHECK COMPLETED PACKAGE

CATEGORY	SERVICE	MEANING OF EACH SERVICE	FOR
Gastrointestinal endoscopy	Gastroscoy with NBI endoscope, anesthetic	Screening for upper gastrointestinal cancer includes: esophagus, stomach, duodenum	Male/ Female
Pathological test	Biopsy upper gastrointestinal tract (Esophagal, gastric, duodenal, papilla) by edoscopy	An investigation aimed to confirm presence of gastric cancer and precancerous lesions	Male/ Female
Gastroenterological examination	Gastroenterology consultation	Offering gastrointestinal examination, consultation and conclusion about gastrointestinal diseases after gastroscopy-colonoscopy.	Male/ Female

## ADD ON SERVICES FOR GENERAL HEALTH CHECK PREMIUM PACKAGE

CATEGORY	SERVICE	MEANING OF EACH SERVICE	FOR
Gastroenterological examination	Gastroenterology consultation	Offering gastrointestinal examination, consultation and conclusion about gastrointestinal diseases after gastroscopy - colonoscopy.	Male/ Female
Blood coagulation tests	Fibrinogen (Factor I) test, Clauss method <hr/> Thrombin Time <hr/> General coagulation test - APTT (APTT, R) <hr/> General coagulation test - PT (PTs, PT%, INR, Fibrinogen)	Checking and assessing status of blood coagulation and diseases related to blood coagulation.	Male/ Female
Gastrointestinal endoscopy	Gastroscopy and Colonoscopy with NBI endoscope, anesthetic	Screening for cancer and precancerous lesions in upper and lower gastrointestinal tracts including: esophagus, stomach, duodenum and colorectum under anesthesia which ease discomfort and pain	Male/ Female
Pathological test	Biopsy upper gastrointestinal tract (Esophageal, gastric, duodenal, papilla) by edoscopy <hr/> Biopsy lower gastrointestinal tract by endoscopy (Colon, rectum)	An investigation aimed to confirm presence of gastric cancer and precancerous lesions <hr/> An investigation aimed to confirm presence of colon cancer and precancerous lesions	Male/ Female

